

S.D.P.S. BU BLOCK PITAMPURA

Academic Planner

CLASS: III-V (DANCE)

SESSION: 2025-26

MONTH	TEACHING DAYS	Content To Be Covered		
		III	IV	V
April	22	Meaning of Kathak and other types of classical dances	Namaskar and Guru Vandana	Namaskar and Shiv Stuti
May	19	Namaskar in Kathak style	Teen Taal (Vilambit)	Guru Vandana and Vishnu Vandana
July	26	Foot work	Hastak	Sanyukt Hast Chakra and Saraswati Vandana
August	23	Preparation for Independence Day programme	Preparation for Independence Day programme	Preparation for Independence Day programme
September	23	Examination Period		

October	20	Deepawali Song	Miming the movements of different living objects and Ram Stuti	Miming the movements of different living objects and Diya Dance
November	23	Hand movements with Tatkar	Chakar or Ladi in Teen Taal	Long Tukda and Tihai
December	24	Simple Tukda	Tukda	Narration of stories through Dance
January	13	Preparation for Republic Day function (Patriotic Choreography)	Preparation for Republic Day function (Patriotic Choreography)	Preparation for Republic Day function (Patriotic Choreography)
February	23	Examination Period		